

HEIGHT AND WEIGHT FOR CHILDREN AND ADOLOCENTS

BOYS

GIRLS

Weight (Kg.)	Height (cm)	Age (Year)	Height (cm)	Weight (Kg.)
3.3	50.5	0	19.9	3.2
6.0	61.1	¼(3m)	60.2	5.4
7.8	67.8	½(6m)	66.6	7.2
9.2	72.3	¾(3m)	71.1	8.6
10.2	76.1	1.0	75.0	9.5
11.5	82.5	1.5	80.9	10.8
12.3	85.6	2.0	84.5	11.8
14.6	94.9	3.0	93.9	14.1
16.7	102.9	4.0	101.6	18.0
18.7	109.9	5.0	108.4	17.7
20.7	116.1	6.0	114.6	19.5
22.9	121.7	7.0	120.6	21.8
25.3	127.0	8.0	126.4	24.8
28.1	132.2	9.0	132.2	28.5
31.4	137.5	10.0	138.3	32.5
32.2	140	11+	142	33.7
37.0	147	12+	148	38.7
40.9	153	13+	155	44.0
47.0	160	14+	159	48.1
52.6	166	15+	161	51.4
58.0	171	16+	162	53.0
62.7	175	17+	163	54.0
65.0	177	18+	164	54.4

Note: Reference body weight and height for children and adolescents according to NCHS